# Recycling at home

## Food waste



All sorts of food waste

Potatoe peel, fruit rind and vegetables Coffee grounds and filters, tea leaves and tea bags Egg shells Fish trimmings and shellfish Meat and smaller bones Sandwiches, cakes, snacks and sweets Cut flowers and leaves Kitchen roll paper, paper napkins, printed or not Roll up your paper bag and put in

Roll up your paper bag and put in your brown bin.

If your food waste is wet, let it dry in the sink. Another tip is to fold a side from your newspaper and put it in the bottom of your bag. You can also use double bags.

## General waste (bin bag)

Dishcloths and dishbrushes Toothbrushes Pieces of rubber and plastic Chewing gum Snus/snuff and cigarette ends Sticky notes Candel ends Litterbox sand Nappys and menstrual pads Condoms Hair tufts Hoover bags Lint from your dryer

There will not be a lot left in your bin bag after you have recycled. Above are examples of general waste.

### Welcome to the recycling centre!

At the recycling centre you leave your bulky waste. That is movable property that will not fit in your bin bag. For example, bicycles, garden waste, tiles, furniture and push chairs. Here are more examples:

#### Hazardours waste, for example Paint, solvent, glue Weed killer Batteries Low energy bulbs Fluorecent tubes Oil waste Cosmetics Mercury thermometer

Electrical waste, for example Cookers Fridge and freezers Mobile phones Coffee makers Flashlights Headphones

Anything with a cord or battery.

#### Cooking oil

Wipe your pan with kitchen roll paper. Then put the paper in your food waste.

Pour used oil and runny fat in a bottle or other container. Bring it to the recycling centre.



Reuse

Leave whole and clean items, clothes and furniture for reuse.

#### **Broken textiles**

Leave torn or worn out textiles for recycling.



Mark the container with what it contains.

# **Eco clever - Eco friendly**

Today we are consuming a lot more then our planet can provide. That does not work. Even if you can afford to by clothes and gadgets it costs too much for the environment. Consume eco friendly!

#### Rent yourself free

When you rent machines and sports equipment you are being eco clever When we share things there is less waste.



#### Make some money

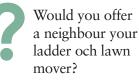
When you sell and buy second hand, you are beingeco clever.

Gadgets and clothes of good quality can be bought second hand and then sold again when you do not do not need it anymore.

> Do you buy clothes and shoes you think will last for years?

#### Share the cost

A lot of the things we own we tend to use only now and then. When we own things togheter we reduce the waste.



#### Repair with love

The best thing for the enviroment is to repair and restore the things we already have. That way the the planet does not have to contribute with new material.

> Are you handy or do you get help from a professional?

# To bring food and gadgets home

Packaging is needed to bring food and gadgets home. By law, everybody in Sweden has to recycle them. Förpackningsinsamlingen i Sverige AB (FTI) is responsible for the recycling stations in Sweden. www.ftiab.se

Here are some examples:



#### Paper container

Toilet rolls Pasta packages Milk cartons Juice cartons Sugar bags Shoe boxes

You sort the plastic cap you as a plastic container. The plastic bracket is left on. It will be strained out in the recycling process.



#### **Plastic container**

Schampoo bottles Plastic bags Coffee bags Cling film Styrofoam Creme fraiche tub

Make it simple: Rinse the container in cold water or use the last of your dishwater. Got room in the dishwasher? Put the container in the washer.



#### Glass container

Glass bottles Glass jars

Sort the glass by coloured and transparent glass.

If there is a metal ring around the neck of the bottle you leave it on. It will be sorted out in the recycling process.

The cap is sorted as metal.



#### Metal container

Tin cans Tin foil Metal tubes Bottle caps

Empty your container and put the lid back on, it will reduce the smell. The lid will burn in the recycling process.



Papers Advertisement Drawing and colouring books Magazines Newspapers Envelopes

The staples and coils from papers and note pads does not need to be removed. There is a magnet that will catch them in the recycling process.

